4

A

COMPANION

FOR THE

PENITENT,

And for Perſons

Troubled in Mind.

CONSISTING OF

An Office for the Penitent, to carry on their Reconciliation with GOD.

And a Trial or Judgment of the Soul, for diſcovering the Safety of their Spiritual Eſtate.

And an Office for Perſons troubled in Mind, to ſettle them in Peace and Comfort.

By *JOHN KETTLEWELL*, B. D.
Late Vicar of *Coles-hill*, in *Warwickſhire*.

LONDON:

Printed for JOHN RIVINGTON, Bookſeller to THE SOCIETY FOR PROMOTING CHRISTIAN KNOWLEDGE; at the Bible and Crown (No 62.) in St. Paul's Church-yard. M DCC LXVIII.

1607/2221.

THE INTRODUCTION.

DIrections and helps for repentance, can never come out of ſeaſon: For repentance is "the one thing neceſſary." *Luke* x. 42. and the chief buſineſs of all men in this world, and will be ſo whilſt they live in it. The beſt do daily need it, to make up their daily failures, their defects and forgetfulneſs. And the bad have no time to delay it for one moment, having deferred a great deal too long already, to ſhake off their ſinful habits, and to ſet themſelves with all their might to pleaſe God, and to ſecure their everlaſting peace.

Eſpecially the time of *Lent*, is a ſeaſon wherein great numbers profeſs to make this their buſineſs: For from the early uſage and practice of the church, this has ſtill been made a ſolemn time for ſinners to call their ſins to remembrance, and to ſeek God's mercy and forgiveneſs of the ſame, by earneſt prayers, and amendment of Life, and by afflicting of themſelves, and bringing forth fruits worthy of repentance.

And to help them in ſo neceſſary and beneficial a work, I have compoſed and publiſhed the following Offices, hoping that they may prove acceptable to my heavenly Maſter, and ſerviceable to direct and complete the repentance, and to ſettle the comfort and peace of ſome of his beloved ſervants, into whoſe hands his providence ſhall bring them.

IN the OFFICE *for the Penitent*, I have endeavoured to mark out diſtinctly the ſeveral ſteps and full compaſs of a ſinner's reſtauration, or reconciliation with God. Wherein I have all along interwoven inſtructions with their devotions, and ſet their work before them, that they may ſee what they have to amend, and what they are to do, to work out their pardon, as well as how they are to petition for it.

I have ſought to make the ſoul acquainted with its diſeaſe; without which it would neither know what it has for God to forgive, or for his grace and its own care to remedy. And I have been very particular in ſome forms of confeſſion, to affect it with a more diſtinct and effectual ſenſe of the ſeveral maladies which it lies ſick of, and which, as it muſt beg mercy for, ſo in the courſe of its daily cure, it muſt both diligently and deſignedly ſet itſelf, by God's help, to cure.

Where ſin is the ſickneſs, the great goſpel way of cure is true repentance. And this I endeavour

endeavour to ſet out, in all the neceſſary parts, and great and worthy fruits thereof. I lead the penitent to expreſs the ſame in ſuch acts, as through the merits of Chriſt, are the trueſt atonement for ſins, and have the moſt expreſs promiſes of mercy and forgiveneſs made to them. And then I inſtruct him to comfort up himſelf, with an humble claim and application of thoſe expreſſions of the divine mercy and condeſcenſion, which are given to us for our confidence and conſolation in performance of thoſe acts. And if he takes care to ſay all that I have here put into his mouth, with ſincerity, and is really affected as theſe forms expreſs, he is a true penitent, and may be a comfortable one; he has thereby ſecured his everlaſting peace, and may quiet and revive his ſpirit with the joyful ſenſe thereof.

IN the *trial or judgment of the Soul*, for diſcovering the ſafety of their ſpiritual eſtate, I have given them as clear, and full, and withal, as brief a view as I can, of the final account which will be exacted of them. I have run through the ſeveral heads of trial and examination, and raiſed ſuch queſtions upon them, as I take to be moſt pertinent and deciſive of their future condition, and fitteſt to ſettle their preſent peace, and then give them the benefit thereof, by ſetting their anſwers and God's promiſes together, and applying all to themſelves. My deſire

is, ſo far as my ſkill would reach, to omit no queſtion which is neceſſary to their ſafety: And my care has been, as I am able, ſo to word all, as that they may ſerve to clear their doubts and uncertainties, upon the ſeveral parts of their account, but beget none in them.

And this part will be of chief account and uſe to both the other offices. For it is the trueſt trial of penitents, and the trueſt direction for them in carrying on and compleating their repentance. And it is the ſureſt ground of peace of conſcience. For, containing the full draught of ſettling our peace with God, it muſt give the beſt light and direction for peace in ourſelves, which lies in ſeeing that God is at peace with us.

Though the buſineſs of theſe papers is not to prove and argue, but briefly to direct, yet to the ſeveral heads, which I have made the *articles of the penitent's trial*, I have perfixed *texts of ſcripture*, to ſhew that God has made them the *terms of his mercy*. But it is not unlikely, that ſome who will not be perſuaded to be ſo good as they ſhould, will think that I am ſtricter about this account than I need. And if they do, I cannot help it, but they may. My part is to deal faithfully, both by my bleſſed Lord, and by them; and to repreſent things to them, as he has left them, and as in the end they will find them. So that if my diſcourſe has more ſtrictneſs than they could wiſh to hear from

from it, it is becauſe I look not how to ſuit their carnal wiſhes, but how to ſerve their everlaſting happineſs. And becauſe I would rather have them offended with me for telling them unpleaſant truths, whilſt they may ſerve themſelves by them; than flatter them with pleaſing errors, till it is too late for them to rectify the ſame, and prevent their own everlaſting ruin and deſtruction thereby.

IN the OFFICE *for perſons troubled in Mind*, I am careful to have them fully ſenſible of that holy obedience which is needful to keep them ſafe; as well as to free them from thoſe unneceſſary miſtruſts and fears which render them uneaſy. I ſeek to give them a juſt ſenſe of the things which trouble them, and to keep them from over-valuing them. And to make them acquainted with the true allowances of favour, which God is ready to make to their infirmities, and with the ſeveral grounds which they have to hope and look for them; and lead them on in their devotions, both humbly to plead with God, and to comfort up their own hearts with the ſame.

TO the OFFICES I have perfixed *collections of pertinent and proper Scriptures*. And theſe will ſerve the devout minds to expreſs their devotion in, or to ſupport their ſpirits withal; yea, and to guide and direct their

practice too. For they mark out their duty upon the ſeveral points which they refer to, and teach them, not only how they may addreſs to God, but how they ought to imploy themſelves, and what the work and buſineſs is, which God's favour and their own eternal welfare, or which his peace and their own require at their hands.

AN

OFFICE

FOR THE

PENITENT.

SCRIPTURES.

Pſalm xxxii. Ezek. xviii. Luke xv.
Pſalm xxxviii. Pſalm li.

I. *For Godly Sorrow for Sins.*

TO him will I look that is poor, and of a contrite ſpirit, and trembleth at my word. *Iſa.* lxvi. 2.

The ſacrifices of God are a broken ſpirit: A broken and a contrite heart, O God, thou wilt not deſpiſe. *Pſalm* li. 17.

Turn ye, therefore, to me, with all your heart, and with faſting, and with weeping, and with mourning.

And rent your hearts, and not your garments, and turn unto the Lord your God. *Joel* ii. 12, 13.

Remember

Remember your ways, and all your doings, wherein ye have been defiled, and lothe yourſelves in your own ſight, for all your evils that ye have committed. *Ezek.* xx. 43.

Lord! mine iniquities are gone over mine head, as an heavy burden, they are too heavy for me.

I am ready to halt, and my ſorrow is continually before me.

I will declare mine iniquity; I will be ſorry for my ſin. *Pſalm* xxxviii. 4, 17, 18.

II. *For Penitential Confeſſion of the ſame.*

IF our heart condemn us, God is greater than our heart, and knoweth all things. 1 *John* iii. 20.

Our iniquities are all before him, yea, our ſecret ſins are ſet in the light of his countenance. *Pſalm* xc. 8.

And therefore, He that covereth his ſins ſhall not proſper; but whoſo confeſſeth and forſaketh them, ſhall have mercy. *Prov.* xxviii. 13.

If we confeſs our ſins, he is faithful and juſt to forgive us our ſins, and to cleanſe us from all unrighteouſneſs. 1 *John* i. 19.

I will ariſe, therefore, and go to my father, and will ſay unto him, Father, I have ſinned againſt heaven, and before thee, and am no more worthy to be called thy ſon. *Luke* xv. 18, 19.

Behold,

Behold, I was ſhapen in iniquity, and in ſin did my mother conceive me. *Pſalm* li. 5.

And ſince I was born, I have gone aſtray like a loſt ſheep. *Pſalm* cxix. 176.

Mine iniquities are increaſed over my head, and my treſpaſſes are grown unto the heavens. *Ezra* ix. 6

But, Lord, I acknowledge my ſins unto thee, and mine iniquities have I not hid. *Pſalm* xxxii. 5.

I acknowledge my tranſgreſſions, and my ſins are ever before me.

Againſt thee have I ſinned, and done theſe evils in thy ſight; that thou mighteſt be juſtified when thou ſpeakeſt, and clear when thou judgeſt. *Pſalm* li. 3, 4.

God be merciful to me a ſinner. *Luke* xviii. 3.

To me, the chief among ſinners. 1 *Tim.* i. 15.

To me, that have been at agreement with hell, and made a covenant with death. *Iſa.* xxviii. 15.

And whoſe deſtruction is of myſelf. *Hoſ.* xiii. 9.

III. *For Reſolution of Amendment.*

I.

IF I regard iniquity in my heart, the Lord will not hear me. *Pſalm* lxvi. 18.

Go therefore, and ſin no more. *John* viii. 11.

Sin

Sin no more, leſt a worſe thing come unto thee. *John* v. 14.

And remember from whence thou art fallen, and repent, and do the firſt works, or elſe I will come unto thee quickly. *Rev.* ii. 5.

Repent, and turn yourſelves from all your tranſgreſſions, ſo iniquity ſhall not be your ruin.

Caſt away from you all your tranſgreſſions, whereby ye have tranſgreſſed; and make you a new heart, and a new ſpirit; for why will ye die, O houſe of Iſrael? *Ezek.* xviii. 30, 31.

Waſh you, make you clean, put away the evil of your doings from before mine eyes: ceaſe to do evil, learn to do well; ſeek judgment, relieve the oppreſſed, judge the fatherleſs, and plead for the widow.

Come now, and let us reaſon together, ſaith the Lord: Though your ſins be as ſcarlet, they ſhall be as white as ſnow; though they be red like crimſon, they ſhall be as wool. *Iſa.* i. 15, 16, 17, 18.

II.

CReate in me a new heart, O God, and renew a right ſpirit within me. *Pſalm* li. 10.

I thought on my ways, and turned my feet unto thy teſtimonies.

I made haſte, and delayed not to keep thy commandments. *Pſalm* cxix. 59, 60.

Lord,

Lord, incline not my heart to any evil thing. *Pſalm* cxli. 4.

Turn away mine eyes from beholding vanity. *Pſalm* cxix. 37.

I have made a covenant with mine eyes. *Job* xxxi. 1.

Set a watch before my mouth, and keep the door of my lips. *Pſalm* cxli. 3.

Remove my foot from evil. *Prov.* iv. 27.

Hedge up my way with thorns, and make a wall, that I may not find my former paths to evil. *Hoſ.* ii. 6.

Keep back thy ſervant from preſumptuous ſins, let them not have dominion over me: then ſhall I be upright, and innocent from the great tranſgreſſion.

Let the words of my mouth, and the meditation of my heart, be acceptable in thy ſight, O Lord, my ſtrength and my redeemer. *Pſalm* xix. 13, 14.

IV. *For Fruits worthy of Repentance.*

BRing forth fruits meet for repentance. *Matt.* iii. 8.

This ſelf-ſame thing, that ye ſorrowed after a godly ſort:—Behold! what carefulneſs it wrought in you; yea, what clearing of yourſelves; yea, what indignation; yea, what fear; yea, what vehement deſire; yea, what zeal; yea, what revenge, or puniſhing of yourſelves. 2 *Cor.* vii. 11.

If

If the wicked reſtore the pledge, give again that he hath robbed, and walk in the ſtatutes of life, without committing iniquity; none of his ſins ſhall be mentioned to him, he ſhall ſurely live, he ſhall not die. *Lev.* vi. 2, 3, 4, 5. *Ezek.* xxxiii. 15, 16.

If thou bring thy gift to the altar, and there remembereſt that thy brother hath ought againſt thee;

Leave there thy gift before the altar, and go thy way, firſt be reconciled to thy brother, and then come and offer thy gift. *Matt.* v. 23, 24.

Forgive, and you ſhall be forgiven. *Luke* vi. 37.

If ye forgive men their treſpaſſes, your heavenly Father will alſo forgive you.

But if ye forgive not men their treſpaſſes, neither will your father forgive your treſpaſſes. *Matt.* vi. 14, 15.

Break off thy ſins by righteouſneſs, and thine iniquities by ſhewing mercy to the poor. *Dan.* iv. 27.

Thine alms are come up for a memorial before God. *Acts* x. 4.

They lay up in ſtore for us a good foundation againſt the time to come, that we may lay hold on eternal life. 1 *Tim.* vi. 18, 19.

Bleſſed are the merciful, for they ſhall obtain mercy. *Matt.* v. 7.

He ſhall have judgment without mercy, who hath ſhewed no mercy; but mercy rejoiceth againſt judgment. *James* ii. 13.

V. *For Pardon of Sins, and ground for the Hopes thereof.*

ENter not into judgment with thy ſervant, for in thy ſight ſhall no man living be juſtified. *Pſalm* cxliii. 2.

If thou, Lord, ſhouldeſt mark iniquities; O Lord, who ſhall ſtand?

But there is forgiveneſs with thee, that thou mayeſt be feared.

With the Lord is mercy, and plenteous redemption. *Pſalm* cxxx. 3, 4, 7.

He knoweth our frame, he remembereth that we are but duſt; and pitieth thoſe that fear him, as a father pitieth his own children. *Pſalm* ciii. 13, 14.

Likewiſe, the blood of Jeſus Chriſt his Son cleanſeth us from all ſins. 1 *John* i. 7.

The chaſtiſement of our peace was upon him, and through his ſtripes we are healed. *Iſa.* v. 3, 5.

And if any man ſin, we have an advocate with the Father, Jeſus Chriſt the righteous, and he is the propitiation for our ſins. 1 *John* ii. 1, 2.

For him hath God exalted, to give repentance, and forgiveneſs of ſins. *Acts* v. 31.

And that repentance, and remiſſion of ſins ſhould be preached in his name among all nations, beginning at Jeruſalem. *Luke* xxiv. 47.

This is a faithful ſaying, and worthy of all acceptation, That Chriſt Jeſus came into the world to ſave ſinners. 1 *Tim.* i. 15.

He came not to call the righteous, but ſinners to repentance. *Matt.* ix. 13.

And there is joy in heaven over one ſinner that repenteth, more than over ninety and nine juſt perſons, which need no repentance. *Luke* xv. 7.

Create in me a clean heart, *therefore*, O God, and renew a right ſpirit within me.

And hide thy face from my ſins, and blot out all mine iniquities. *Pſalm* li. 9, 10.

VI. *For Comfort in the ſame.*

PUrge me with hyſſop, and I ſhall be clean; waſh me, and I ſhall be whiter than ſnow.

Make me to hear of joy and gladneſs, that the bones which thou haſt broken may rejoice.

Reſtore unto me the joy of thy ſalvation, and uphold me with thy free ſpirit.

Then will I teach tranſgreſſors thy ways, and ſinners ſhall be converted unto thee. *Pſalm* li. 7, 8, 12, 13.

Bleſſed are they that mourn, for they ſhall be comforted. *Matt.* v. 4.

He will ſpeak peace to his people, and to his ſaints; but let them not turn again to folly. *Pſalm* lxxxv. 8.

I ſaid I will confeſs my tranſgreſſions to the Lord, and thou forgaveſt the iniquity of my ſin.

For this ſhall every one that is godly pray unto thee in a time when thou mayeſt be found. *Pſalm* xxxii. 5, 6. *Pſalm* cii. 17, 18.

Depart from me, all ye workers of iniquity; for the Lord hath heard the voice of my weeping.

The Lord hath heard my ſupplications; the Lord will receive my prayer. *Pſalm* vi. 8, 9.

PRAYERS.

I. Prayers upon the ſeveral Parts of Repentance, in particular and diſtinct Forms.

1. *A Confeſſion of Sins.*

I.

O Almighty and moſt gracious Lord, look in mercy upon me the meaneſt of thy ſervants, who am leſs than the leaſt of all thy mercies, and have deſerved the heavieſt of thy judgments, and am not worthy to lift up mine eyes to the place where thine honour dwelleth.

I am a ſinner, O Lord, yea, a ſinner altogether, [*and one of the chief among ſinners.*] I was born in ſin, and ever ſince have

have led a life ſuitable to that beginning. For, to the ſhame of my face, and to the praiſe of thy long-ſuffering, O Almighty God, I do here, with a truly humble and contrite heart, confeſs to thee, That I have ſhamefully neglected and let alone thoſe good things which I ought to have done, and have done thoſe evil things which I ought to have forborn. Of both theſe I am heinouſly guilty, both in thought, word and deed. And have wickedly incurred the ſame, againſt the innumerable endearments of thy mercies, and terrors of thy judgments; againſt all the good motions of thy grace, and againſt the many ſeaſonable admonitions which I have had from ſpiritual advifers, and againſt the voice and ſtrugglings of my own conſcience. I have done theſe things, O Lord, and have continued to do them, repeating the ſame many times, yea, alas! too many of them in ordinary courſe; yea, and that after my own manifold and ſolemn promiſes and engagements, that I would offend therein no more.

Lord, be merciful to me a miſerable ſinner.

II.

AND in all theſe tranſgreſſions, O righteous Father! I have acted as a moſt impudent ſinner, flying in the face of an infinite Majeſty; and paſſing all theſe heinous affronts, where I owe the utmoſt love and reverence. And, as a moſt preſumptuouſly

A

COMPANION

FOR THE

PENITENT,

And for Perſons

Troubled in Mind.

By *JOHN KETTLEWELL*, B. D.
Late Vicar of *Coles-hill*, in *Warwickſhire*.

LONDON:

Printed for JOHN RIVINGTON, Bookſeller to THE SOCIETY FOR PROMOTING CHRISTIAN KNOWLEDGE; at the Bible and Crown (No. 62.) in St Paul's Church-yard.
M DCC LXVIII.

BRITISH MUSEUM
30 SEP 67

ouſly venturous and daring ſinner, provoking that power which can torment, and utterly deſtroy me at its pleaſure.

Lord, be merciful unto me, a bold and preſumptuous ſinner.

III.

I Have therein dealt moſt diſingenuouſly and ungratefully, O merciful Lord! riſing up againſt thee, the Author of all my bleſſings; and flying in the face of that mercy which foſters and ſuſtains me, even whilſt I am thus baſely affronting and deſpiſing it; and which is heaping new obligations upon me every moment. Under all theſe grievous offences, I have firſt begged thy patience, and then fallen to abuſe it. I have firſt prayed to be ſpared, and then turned baſely to provoke thee, after thou haſt ſpared me; and have abuſed all thy mercies, to an opportunity of committing more offences, and of returning hatred, where I have received the greateſt and moſt endearing love.

Lord, be merciful unto me, a baſe and ungrateful ſinner.

IV.

YEA, O holy Father! I have therein dealt falſly and deceitfully with thee, promiſing obedience, whilſt I am in need of thy mercies, but practiſing none after once I have received them. In the midſt of all my pretences to honour and honeſty, and

regard

regard to my word amongſt men; I have been wretchedly careleſs, of dealing honourably or juſtly with thy divine Majeſty, and of keeping my word with thee; though thou art always faithful, and canſt not fail in the leaſt tittle of thy word with me.

Lord, be merciful to me, a falſe and faithleſs ſinner.

V.

AND in all this, O my dear God, I have done moſt fooliſhly; all this while madly hindering and reſiſting my own everlaſting mercies, peace, and ſafety; and inſtead thereof, making a covenant with hell, and ſecuring and haſtening on mine own eternal miſery, and heaping up ſorrows, which never can be born, and which admit of no remedy.

Lord, be merciful unto me, a blind and deſperately fooliſh ſinner.

VI.

SO that in myſelf, O moſt righteous Lord! I am nothing but ſin and miſery. My paſt life can ſhew nothing for which thou ſhouldeſt accept me. Nor can I reaſonably expect that thou ſhouldeſt give heed to my word, or truſt me when I promiſe to do better, having ſo frequently and ſhamefully broke my word with thee already.

But, O Almighty and moſt gracious Father! Thou haſt mercy enough to pardon all

all my wickedneſs, and grace enough to eſtabliſh all my promiſes, and to keep me true to them; and to thee alone do I fly for both. I do not juſtify, nor excuſe my wickedneſs, but utterly condemn it, and condemn myſelf for the ſame. It is forgiveneſs, O Father! that I ſeek; and it is merely from thine abundant mercies, and for my dear Saviour's infinite merits, that I hope for it. O thou who forgiveſt ſinners, forgive me a great ſinner. [*The greateſt of ſinners.*] O thou great phyſician of ſouls, who cureſt ſinners, cure me, who ſeek to thee alone for remedy againſt all my ſins. Reſcue me from the power and bondage of my own corrupt luſts, by the greater power of thy grace; and deliver me, good Lord, from doing ill, and from all tormenting fears of ſuffering thine eternal wrath and vengeance for the ſame, through the merits and mediation of thine only Son, and mine only Saviour and Redeemer, Jeſus Chriſt. *Amen.*

Other forms of confeſſion are added afterwards; whereof the Penitent may ſerve himſelf, and wherewith he may ſuit his ſpirit, as he ſees cauſe.

2. *A Profeſſion of godly ſorrow for ſins, and of reſolutions of new obedience.*

I.

"I Call my ways to remembrance, O Lord, " wherein I have defiled myſelf." *Ezek.* xx. 43. and remember them with a troubled heart. " My evil doings are daily before " mine eyes." *Pſalm* li. 3. and have made me vile and lotheſome in my own ſight, as they have done in thine. They are a burden upon my ſpirit, a " ſore burden, and too " heavy for me to bear." *Pſ.* xxxviii. 4.

But now, O my God, with a penitent heart I turn from them, and reſolve by thy grace to caſt away all my tranſgreſſions, which are moſt highly diſpleaſing both to thee and to myſelf. From this day forward I am fully purpoſed to forſake them. O thou my God, " let them not be my ruin." *Ezek.* xviii. 13.

God be merciful to me, a returning ſinner.

II.

AND from them, O holy Father, which are the ſhame and ſorrow of my life, I turn to thee, who art the glory and comfort, and ſhalt ever be the guide and governor thereof. I turn to thee with a " broken and " contrite heart." *Pſalm* li. 17. O receive and comfort it, and deſpiſe it not. I return to thee with my whole heart, and make no reſerves,

reſerves, nor will retain any allowance of any of my former Sins, no not of thoſe which ſeemed moſt delightful or ſerviceable unto me, and are hardeſt to part with.

" I remember, O Lord, from whence I am " fallen, and reſolve, by thy help, to do " my firſt vows." *Rev.* ii. 5. " I will make " haſte to do them, and not delay to keep " thy commandments." *Pſalm* cxix. 60. I beg no greater mercy than to be found ſtedfaſt in thy ways, nor ſhall account any thing to be ſo great favours to me, as thoſe which ſerve to keep me in the ſame. I will moſt heartily thank thee, O thou faithful guide and keeper of returning ſouls, if thou wilt be pleaſed to " hedge up my way with " thorns," or with any worldly difficulties, that may keep me from " finding my way to " my former vanities." *Hoſ.* ii. 6. For it is the unfeigned deſire of my heart, and ſhall be the great endeavour of my life, above all things to keep true to thee; and my chiefeſt prayer to thee is, to keep me from falling any more from the way of thy fear, or from forfeiting thy mercy.

God be merciful to me, a returning ſinner.

III.

AND having now, by thy grace, theſe holy thoughts and purpoſes in my heart, I earneſtly beg of thee, O bleſſed author and finiſher of all grace, that I may

never loſe them. I give my heart to thee, and humbly pray, that it may be always in thy hands, ſince it is ſo unconſtant in what is good, and prone to turn aſide to what is evil, when it is in mine own keeping. O Father, keep it ſtedfaſt and unalterable in thy ways. "Let it not be inclined to any evil thing," nor lean towards any of my former vanities. *Pſalm* xli. 4. "Keep mine eyes from beholding wickedneſs," and mine ears from liſtening thereto. *Pſalm* cxix. 37. Let not "my lips utter any thing that is ill, nor my feet move a ſtep in any of the paths of death." *Pſalm* cxli. 3. *Prov.* iv. 27. But hold my whole ſpirit, ſoul, and body, in the ways of thy fear; and continue me under the comfortable hopes of thy favour; through Jeſus Chriſt my bleſſed Lord and only Saviour. *Amen.*

3. *A Profeſſion of the Fruits of Repentance, and the Conditions of Forgiveneſs.*

I.

I Have ſinned grievouſly, O Lord, but I am angry at myſelf for my ſins, and deſire to prevent thy juſtice, and to take revenge upon my own head for my tranſgreſſions. And however diſpoſed and eaſy I was to be drawn aſide before, yet now thou haſt filled my heart with ſuch a godly ſorrow and Compunction for my ſins, as begets

begets in me a vehement deſire, and godly care, to ſin no more.

By the help of thy grace, O merciful God, I am ready now to walk in thoſe ſtatutes which I have formerly tranſgreſſed; *Ezek.* xxxiii. 15. and to give again whatſoever I have at any time unjuſtly taken away; and to make full amends to the utmoſt of my Power, for all the wrong and damage which I have ever done to any *. And where, either by my example, or by my counſel and perſwaſion, or by my importunities, I have tempted others, and drawn them into ſin, it ſhall be the ſtudy and care of my life, to make them ſenſible of the heinouſneſs and extream danger thereof, as, through the bleſſing of thy grace I am to recover them out of the ſame †.

* Particularly, &c. here name particulars.

God be merciful to me a returning ſinner.

† Here name particulars, [particularly, &c.

II.

I Am contented, O holy Father, to ſubmit myſelf to thoſe who have juſt cauſe to be offended with me, and to uſe all fair ways of reconciling myſelf to them, before I hope for reconciliation and peace with

thee *. I freely forgive all thoſe that have treſpaſſed againſt me, and with good will offer them my pardon, as I moſt heartily deſire thine †. And my hearty deſire and purpoſe is, to ſtudy doing good to my brethren in their needs, that I may not be held unworthy to receive it from thee in mine own; and to ſhew mercy to others, that I may not be aſhamed to aſk it for myſelf; and that the rigorouſneſs and unrelenting hardneſs of my own dealings towards them, may not deprive me of the favourable indulgence, and mercifulneſs of thy dealings towards me.

* Particularly, &c.

† Particularly, &c.

God be merciful to me, and forgive me, a merciful and forgiving Sinner.

III.

I Have no hope in myſelf, O gracious Lord, but only in thy mercy. Nor any expectation of the ſame, through my deſervings, but merely through thy bleſſed Son's infinite merits. Nor reſt my ſoul upon any "other name given among men," *Acts* iv. 12. whereby thy juſtice may be ſatisfied, and my ſins expiated, but on his alone.

God be merciful to me, a great, but an humble and believing Sinner.

IV.

IV.

I Am heartily ſorry for all the ſins which I can call to mind, and do yet know myſelf to have been guilty of, and am fully purpoſed by thy grace, as far as I can, to amend them. And I am truly deſirous to diſcover all the reſt, which are yet hid from me, that I may be as particularly ſorry for the ſame, and amend them too. And I humbly and earneſtly pray thee, O Father of mercies, that for Jeſus Chriſt's ſake, thou wouldeſt be pleaſed to accept this my repentance. Receive it, O Lord, according to the riches of thy mercies, and ſupply whatſoever is wanting therein by the power of thy grace: And place me among the number of thoſe who are truly contrite for all their evil ways, and whoſe repentance has prepared them for the free and full remiſſion of all their offences, through the merits and mediation of Jeſus Chriſt our Lord. *Amen.*

4. *A Prayer for Pardon of Sins.*

O Holy and moſt merciful Father, ſpare me, thy poor ſinful, but repenting creature. Spare me, good Lord, ſpare me, and let me not periſh in my ſins, now I am heartily troubled and ſorry for them; but,

through thine infinite mercies, find pardon of the ſame.

I am a ſinful perſon, O Lord: But thou, bleſſed Jeſus, art "the Saviour of ſinners." 1 *Tim.* i. 15. And thy coming into the world was "to call ſinners to repentance." *Matt.* ix. 13. Lord, I come and repent at thy call; caſt not me and my repentance away from thy preſence.

I have gone aſtray, and am very defective in my return home, through the frailty of my fleſh. But thou, gracious Lord, conſidereſt our frailties. Thou "knoweſt our "frame, and conſidereſt whereof we are "made." *Pſalm* ciii. 13. O be not "extream to mark mine offences," *Pſalm* cxxx. 3. nor to exact rigours in my repentance of the ſame; but for Chriſt's ſake make me all needful and favourable allowances.

Now I have found the way to thy fear, let me find the comforts of thy mercy. I have a truly "contrite heart, O Lord, de-"ſpiſe it not." *Pſalm* li. 17. My ſpirit "is broken, and trembleth at thy words; "O Lord, revive it." *Iſa.* lxvi. 2. *&c.* lvii. 15. It is heavy laden and wearied with my ſins; O my God, give it eaſe from the ſame. *Matt.* xi. 28. "Pity me, O Fa-"ther, as a father pitieth his own children." *Pſalm* ciii. 14. Receive me as the offended father did the returning prodigal. *Luke* xv.

Though

Though I was loſt, yet now, by the bleſſing of thy grace, I am found again. *verſe* 32. O welcome thy loſt ſheep when it returns home; *verſe* 4, 5, 6. and let there be joy in heaven on the repentance of me, a loſt ſinner. *verſe* 7, 10.

"O let the blood of Jeſus cleanſe me "from all my ſins." 1 *John* i. 17. Let his interceſſion for me in thy preſence, make my peace, and appeaſe thy wrath. Shut not thine ears againſt the voice of his blood, nor be deaf to his meditation, but hear him, my Advocate, for my pardon. And let me find the forgiveneſs of all my ſins, that thy troubled and trembling ſervant may have peace, and that thou mayeſt be ſought unto, and feared and ſerved by ſinners, who will return unto thee in hopes of thy grace and pardoning mercy, through Jeſus Chriſt our Lord and only Saviour. *Amen.*

Two Collects in the Office of COMMINATION.

I.

O Lord, we beſeech Thee, mercifully hear our prayers, and ſpare all thoſe who confeſs their ſins unto thee, that they whoſe conſciences by ſin are accuſed, by thy merciful pardon may be abſolved, through Chriſt our Lord. *Amen.*

II.

O Moſt mighty God and merciful Father, who haſt compaſſion upon all men, and hateſt nothing that thou haſt made, who wouldeſt not the death of a ſinner, but that he ſhould rather turn from his ſin and be ſaved; mercifully forgive me my treſpaſſes; receive and comfort me, who am grieved and wearied with the burden of my ſins. Thy property is always to have mercy; to thee only it appertaineth to forgive ſins. Spare me therefore, good Lord, ſpare me, whom thou haſt redeemed; enter not into judgment with thy ſervant, who am vile earth, and a miſerable ſinner; but ſo turn thine anger from me, who meekly acknowledge my vileneſs, and truly repent me of my faults, and ſo make haſte to help me in this world, that I may ever live with thee in the world to come, through Jeſus Chriſt my Lord. *Amen.*

5. *A Prayer for Peace of Mind, and Comfort upon the ſame.*

LET me have thy peace, O gracious Father, and comfort my trembling and broken heart with the hopes thereof. Cauſe me "to hear the voice of joy and gladneſs," *Pſalm* li. 8. and revive me with the aſſurance

of

of thy love. O that I may be able, from mine own experience, to ſpeak great things of thy readineſs to receive and comfort returning ſinners; and thereby draw back others to thy ſervice, who are ſtill running aſtray from the ſame. O that by ſeeing thy goodneſs upon me, "every one that is godly "may ſeek to thee" in their diſtreſs, and find mercy, as I have done. *Pſalm* xxxii. 6.

But, Lord, having found thy mercy to poor ſinners, let me not abuſe it, or preſume upon it. Let me not take heart to repeat my ſins, becauſe thou art ready and glad to grant forgiveneſs. When thou haſt ſpoke comfortably to me, make me careful "to "ſin no more, leſt a worſe thing come "upon me;" *John* v. 14. but to keep on in all holy and thankful obedience unto thee, and never "more to return to folly." *Pſalm* lxxxv. 8. Let the ſenſe of thy mercies, O my God, ſerve no other uſe in me, but to encourage my repentance, and to ſupport me in thy fear, till I come, at length, to enjoy thy eternal favour, through Jeſus Chriſt my Lord. *Amen.*

For Peace of Mind, *and* favourable Allowances, *and* Hopes of Mercy, *the Penitent may have more particular Proviſions, if he is deſirous thereof, in the* OFFICE for one troubled in Mind.

II. Prayers for Confeſſion of Sin, and Repentance of the ſame, in one continued Form.

I. *A Form and Confeſſion of Sins, and of Repentance for the ſame.*

I.

O Almighty and moſt righteous Lord, I do here with grief of heart, and with ſhame and deep humility, confeſs unto thy dreadful majeſty, that my ſins are exceeding many and great, and have been frequently repeated.

I have oft-times tranſgreſſed out of ignorance; O that I could not ſay, careleſs ignorance, under opportunities of knowledge; yea, or affected ignorance, eſpouſed for earthly ends, againſt light and clear evidence, which was enough to ſhame and ſilence me, though not to gain and convince me. But I have tranſgreſſed oftner out of negligence, worldly fear, or deſire; yea, alas! too oft out of preſumptuous wilfulneſs, condemning the evil, whilſt I was doing it, and offending wittingly, and with checks and convictions to the contrary *. And theſe ſins I have been drawn to, againſt all the endearments of thy mercies, and all the alarms and louder warnings of thy

* Eſpecially, &c. here mention particulars.

thy puniſhments; againſt all the rebukes and ſtrivings of thy grace, and of my own conſcience, and of other faithful and ſeaſonable admoniſhers. And againſt all mine own purpoſes and engagements deliberately made, and ſolemnly profeſſed, and frequently repeated, that I would offend therein no more.

Lord be merciful to me, a great and wretched Sinner.

II.

BUT thou, O bleſſed Jeſus, by making thyſelf a ſin offering for us, art come to take away the ſins of all, who truly repent thereof. And, O merciful Lord, though my ſins are many and grievous, yet I do not deſire to overlook them, but would gladly ſee and diſcover them all, that I may penitently bewail and forſake them. And O that no corrupt Paſſions, nor love of worldly or carnal intereſts, may ever biaſs me, or blind my eyes from ſeeing of the ſame, whilſt there is ſpace left me to repent of them. And as for thoſe ſins which I do know myſelf to be guilty of, I do not cover, but with ſhame confeſs them; I do not juſtify nor excuſe, but condemn myſelf for the ſame.

I ſtand thereby guilty, O Lord, of the higheſt diſobedience, againſt the ſtricteſt obligations;

of

II. Prayers for Confeſſion of Sin, and Repentance of the ſame, in one continued Form.

1. *A Form and Confeſſion of Sins, and of Repentance for the ſame.*

I.

O Almighty and moſt righteous Lord, I do here with grief of heart, and with ſhame and deep humility, confeſs unto thy dreadful majeſty, that my ſins are exceeding many and great, and have been frequently repeated.

I have oft-times tranſgreſſed out of ignorance; O that I could not ſay, careleſs ignorance, under opportunities of knowledge; yea, or affected ignorance, eſpouſed for earthly ends, againſt light and clear evidence, which was enough to ſhame and ſilence me, though not to gain and convince me. But I have tranſgreſſed oftner out of negligence, worldly fear, or deſire; yea, alas! too oft out of preſumptuous wilfulneſs, condemning the evil, whilſt I was doing it, and offending wittingly, and with checks and convictions to the contrary *. And theſe ſins I have been drawn to, againſt all the endearments of thy mercies, and all the alarms and louder warnings of thy

* Eſpecially, &c. here mention particulars.

thy punishments; against all the rebukes and strivings of thy grace, and of my own conscience, and of other faithful and seasonable admonishers. And against all mine own purposes and engagements deliberately made, and solemnly professed, and frequently repeated, that I would offend therein no more.

Lord be merciful to me, a great and wretched Sinner.

II.

BUT thou, O blessed Jesus, by making thyself a sin offering for us, art come to take away the sins of all, who truly repent thereof. And, O merciful Lord, though my sins are many and grievous, yet I do not desire to overlook them, but would gladly see and discover them all, that I may penitently bewail and forsake them. And O that no corrupt Passions, nor love of worldly or carnal interests, may ever biass me, or blind my eyes from seeing of the same, whilst there is space left me to repent of them. And as for those sins which I do know myself to be guilty of, I do not cover, but with shame confess them; I do not justify nor excuse, but condemn myself for the same.

I stand thereby guilty, O Lord, of the highest disobedience, against the strictest obligations;

of

of wretched diſingenuity and unthankfulneſs, againſt the moſt endearing mercies; and of moſt ſtupid folly, againſt my own cleareſt, higheſt, and moſt laſting intereſts, throwing away thy favour and future joys, for empty ſhows and ſhadows, and a bleſſed eternity for moments of vanity.

I reflect on all this, O merciful God, with bitterneſs, and with a ſpirit wearied with mine own ways. I ſee and lament my own folly, and abhor mine own vileneſs on account thereof. I wiſh with all my ſoul, that thoſe ſins had never been done, and would take any way to undo them, and moſt earneſtly deſire, and fully purpoſe by thy grace, that I may do ſo no more.

God be merciful to me, a Self-condemning and Repenting Sinner.

III.

LORD, I am burdened and heavy laden with my ſins, O do thou, who calleſt out to the heavy laden to ſeek refreſhment at thine hands, give me eaſe. *Matt.* xi. 28. I confeſs them, and deſire above all things elſe, that I may utterly forſake them: Let me, according to thy promiſe, find mercy. *Prov.* xxviii. 13. From mine heart I forgive all perſons who have offended me, even my bittereſt enemies, and moſt earneſtly intreat thee, that thou wouldeſt forgive them:

them: O do thou, who offereſt forgiveneſs to thoſe who earneſtly pray for it, for Jeſus Chriſt's ſake, forgive me. *Matt.* vi. 14, 15. I repent unfeignedly of all my ſins, and am ready to make all juſt amends, at leaſt as far as I am able, to any whom I have ever injured, whether they be of low or of high degree, or even the higheſt of all. O God of all grace, perfect my repentance, and accept it, and blot out all my miſdeeds, as thou engageſt to do unto all thoſe who ſincerely repent of the ſame. *Acts* iii. 19.

I know, O bleſſed Jeſus, that "there is "no name but thine, whereby I can obtain "pardon." *Acts* iv. 12. And I truſt only to the fulneſs of thy merits, and to the faithfulneſs of thy gracious promiſes, and to the abundance of my heavenly Father's mercy and loving-kindneſs, to me a great and miſerable, but an humble, contrite, penitent ſinner. Forgive them all, O bleſſed Father, remembring not my deſervings, but the pitiableneſs of my weakneſs, and thy dear Son's infinite merits, and thine own boundleſs mercies and moſt precious promiſes. Let me here have thy peace, and be admitted hereafter to ſtand for ever in thy preſence, for our Lord Jeſus Chriſt's ſake. *Amen.*

2. *A ſhorter Form of Confeſſion, and Repentance of the ſame.*

O Almighty and everliving God! I thy ſinful wretched creature, do here with ſhame and grief of heart bewail and confeſs my manifold ſins, which either this day, or at any time heretofore, I have been guilty of againſt thy divine Majeſty, either in thought, word or deed; by omitting what I ought to have done, or by committing what I ought not to have done; againſt thee, my neighbour, or myſelf. Sinning in all theſe kinds, againſt thy mercies, and thy judgments; thy ſpirit, and thy awakening providences; againſt my own vows and reſolutions, yea, and oft-times againſt the checks and calls of my own conſcience; oft-times without any pretence to palliate them to myſelf, and always without any to excuſe and juſtify me at thy righteous bar. And by theſe ways, O great and dreadful God, am I, who at beſt am nothing, become far worſe than nothing, an object of thy moſt deſerved wrath and eternal damnation.

But thou, O merciful Father, haſt ſent thine own only Son into the world, "to "ſeek and ſave that which was loſt;" *Luke* xix. 10. and when once he returns back, thou art ready, not only to receive the prodigal

digal ſon, but to " run out and meet him, " and rejoice over him." *Luke* xv. 20, *&c.*

Lord, I repent of all my ſins from my very heart, and am aſhamed of myſelf, and grieved that ever I committed them. I earneſtly deſire to do better for the time to come, and firmly purpoſe, by thy help, to labour in the ſame. And I moſt humbly and heartily implore thy grace, to keep me always in this mind, and never to ſuffer me wilfully to relapſe into the ways of wickedneſs again. I am heartily offended with myſelf, be thou no longer offended with me. Cleanſe away the guilt of all my ſins, O gracious God, by thy dear Son's moſt precious blood, and ſlay the power and dominion of them by his Spirit, that " being " made whole, I may ſin no more," *John* v. 14. nor " return, after I am waſhed, as " the dog to his vomit, or the ſow to her " wallowing in the mire." 2 *Pet.* ii. 22. Grant this, O merciful Father, for thy dear Son, and my only Saviour, Jeſus Chriſt's ſake. *Amen.*

3. *A particular Enumeration of Sins, in a large Form of Confeſſion and Repentance of the ſame.*

I.

O Lord, moſt holy and terrible, who art moſt pure in all thy ways, and a conſuming fire to all unrelenting ſinners, my-

manifold

manifold and great tranſgreſſions make me both aſhamed, and afraid to appear before ſo holy and juſt a Majeſty.

Lord, how unlike am I to that image of thine, wherein at firſt thou madeſt man; and how far have all the powers of my ſoul fallen from what they ſhould be? My mind is overſpread with blindneſs and ignorance, folly and falſe reaſonings, and ſpends itſelf upon vanity and unprofitable thoughts. It is loth to fix upon good things, and very apt to forget them, and to loſe that tenderneſs and quick ſenſe of duty, which ſhould make thy laws to reign in me. My heart is ſo averſe to what is good, and ſo ſtubborn and refractory, that it is hardly brought to reſolve upon thoſe ways which my conſcience tells me are my duty; and ſo wavering and inconſtant withal, that when it doth reſolve well, it doth not ſtick to it with any certainty. My affections are forward and violent in purſuit of earthly things, but very ſlow to be engaged in thy ſervice; and when once engaged therein, ſoon weary of the ſame.

Lord, be merciful to me, a miſerably corrupt and depraved creature.

II.

AND, beſides this proneneſs of my nature, O righteous God, to what is bad, to make me ſtill more lowly in my own

own ſight, I have little ſtrength of holy inclinations, or obedient diſpoſitions, which ſhould reſtrain me from following, and giving way to the ſame.

O how little is there in my heart of that holy fear, which ſhould withhold me from giving thee any offence; of that love, which ſhould make me imitate thy glorious excellencies; of that thankfulneſs, which ſhould make me return anſwerably for all thy mercies; or of that joy in God, which ſhould turn religion into a delight, and make me take all opportunities of converſing in that place whilſt I live, where I deſire to be when I come to die.

I am not duly provident to prevent temptations; nay, alas! I am too oft delighted in them, and pleaſed to dwell with them, and love the near approaches of ſin, and to be put into opportunities, yea, and ſometimes almoſt the neceſſity of evil-doing. And when at any time thou haſt thought fit to caſt me upon trials, I have not been ſufficiently watchful, active and unwearied in withſtanding them. I am eaſier, O moſt righteous Lord, in hearkening to my own wicked luſts, than to the good motions of thy holy Spirit, and to the dictates of a pious conſcience; and hereby have omitted many duties, and have been led into many ſinful thoughts, and evil or indecent ſpeeches,

and

and unrighteous actions, which now I do with grief lament, and am utterly aſhamed of.

Lord, be merciful to me, a frail, naked, and ſinful creature.

III.

HOW ſeldom have I been, O holy Father, in devout reflections? How irreverent, inſincere, and lifeleſs in my prayers? How careleſs in obſerving thy manifold and great mercies? How hard ſometimes to be reconciled to thy will, and to own the wiſdom and goodneſs of thy orderings? How faint and languid in believing, and relying on thy promiſes, when I have ſtood moſt in need thereof, and danger has threatned any duties? How fearful to expoſe myſelf in owning of thy injured name or cauſe, and in ſhewing a concern and zeal for thy ſervice? Nay, how faithleſs to my own vows, when I have promiſed to make up defects, and to ſhew greater care and watchfulneſs, in amending theſe, or any other offences?

Lord, be merciful unto me, an unbelieving, indevout, and ungodly Creature.

IV.

AND, beſides all theſe offences againſt thee, my God, how many ways have I treſpaſſed againſt my brethren alſo?

In

In bargaining, and acts of juſtice, how apt am I to lean to my own profit, and to preſs upon my neighbour's?

In opportunities of charity and good offices, how is my affection in doing good ſtraightned, by too quick an eye to mine own eaſe and intereſt?

In converſation, how prone am I to take opportunities of inſtilling my own praiſe, and of detracting from the praiſe of others?

How liable is my heart to give way to diſcontents; to harbour uncharitable ſurmiſes, yea, ſometimes of thoſe who are the proper objects of charity, and ſtand in need of my relief or aſſiſtance? To grow impatient and angry, upon any provocation, and in ſuch anger, to utter ſome indecent, bitter, or reproachful words, eſpecially to my inferiors; and to retain ſuch reſentment of their offences, as renders me either prone to return ill offices, or, at leaſt, backward to ſhew kindneſs to them, on any fit occaſion, afterwards.

I am ſtill offending, O almighty Lord, either by uncharitable provocations, or ſinful compliances, or by negligence and remiſſneſs in governing myſelf, or my dependents; or by irreverence and undutifulneſs to my ſuperiors; or by want of affection, fidelity, or due regard to my relations; or by proud thoughts, or vain-glorious ſpeeches,

ſpeeches, or harſh cenſures; or by luſt, anger, envy, peeviſhneſs, ſinful fear, miſtruſtful care, covetous deſire, or ſome other inordinate or unlawful paſſions; or by being guilty of ſome thoughts, words, or actions, which are contrary to thy laws, and to that excellent pattern of all virtue, which my deareſt Lord has ſet me to walk by.

Lord, be merciful to me, an unrighteous, ſelfiſh, proud, and impatient creature.

V.

THESE, O moſt great and juſt God, and many others, which I am not able to recount, are mine offences: Which I have committed, ſeveral of them ordinarily, others frequently, and all of them, even thoſe which moſt ſeldom, yet, alas! too often, either by the frailty and violence of my paſſions, or by my ignorance, negligence or wilfulneſs; againſt all the endearments of thy mercies, and the terror of thy judgments, and all the warnings of thy providence, and the ſuggeſtions of thy Spirit, and the bonds of my own moſt ſolemn vows and promiſes; and againſt all other methods of thy preventing, aſſiſting, and recovering grace, which ſhould have kept me from them. All theſe my tranſgreſſions teſtify againſt me, and my own conſcience

conſcience accuſeth me; and thou, holy Lord, art an upright judge, who wilt do juſtice, and not juſtify a ſinner in any wickedneſs; and whither then ſhall my guilty and fearful ſoul fly?

But thine own dearly beloved Son, O gracious God, hath paid his life a ranſom for my ſins, and through the merits of his blood, thou art moſt ready to embrace a returning penitent, and to make thy mercy glory over judgment. O Lord, I repent of all theſe my ſins, from my very heart, and freely forgive all who have treſpaſſed againſt me, as I now deſire that thou wouldeſt freely forgive me. O ſuffer me not to be ſwallowed up, either in death or deſpair; but in the multitude of thy mercies do away all mine offences, and give me comfort and peace of conſcience, that being cleanſed from all my ſins, I may ſerve thee with a quiet mind.

Conſider my weakneſs, O Father of mercies, and how frail my nature is. And that, frail and ſinful as I am, I am ſtill the work of thine own hands, and am called upon by thy name. And how I am heartily aſhamed, and ſorry for what I have done, and for Jeſus Chriſt's ſake, the Son of thy love, do earneſtly implore thy pardon. And how the Saviour of the world died to ſave ſinners, and how thou art my Father, and I thy ſon in Chriſt Jeſus. Accept me,

me, therefore, good Lord, in thy beloved: Forgive me freely all that is paſt, and keep up in me, by thy Spirit, ſuch vigour of holy reſolution, and ſuch watchfulneſs and circumſpection for the time to come, that I may never return to them again.

I know, O gracious Father, the falſeneſs of my own heart, and the inſtability of my ſpirit. But it is not in myſelf, but in thee, that I truſt. My faith is in thine almighty aid, which thou haſt bountifully promiſed, and which thy Son has dearly purchaſed for us with his moſt precious blood. O let that always be my guard, and then my ſins ſhall no more prevail over me, but I ſhall finiſh my days in thy righteouſneſs, and reſt at laſt in thine everlaſting peace, through Jeſus Chriſt my only Saviour and Redeemer. *Amen.*

4. *Another particular Enumeration of Sins, and Repentance of the ſame, in a ſhort Form.*

I.

O Almighty Lord, I thy poor creature, who am a vile and miſerable ſinner, do here in great humility lament before thee, and am moſt heartily aſhamed and troubled, for my having lived ſo long in the world, as through thy mercy I have done, and yet having done ſo little good

in

in it, and being ſtill ſo unfit to leave it, and ſo little qualified for a better.

I am grieved, O bleſſed God, for having lived ſo long a ſtranger to thee, and for my loving and obeying thee no better, and having no greater zeal for thee, ſince by thy grace I have been brought to know and fear thee.

For all my neglects of thy ſervice, and for my inſincerity and unaffectedneſs in performing it. For all the lightneſs and evil wandrings of my thoughts in my prayers, and my great and daily unthankfulneſs for thy great and innumerable mercies; for my ſolicitude about worldly things, and my diſtruſt of thy paternal care and ſure promiſes.

For all my negligence, yea, and averſeneſs in ſtudying and learning thy holy will, and all my remiſſneſs and forgetfulneſs in doing it, and for all the defects and difficulties which I have ever found in ſuffering and ſubmitting to the ſame.

For all my corrupt averſeneſs [and ſhameful refuſal] to take up thy croſs, and preferring worldly eaſe and intereſt before a good conſcience; and for having choſen at any time, rather to part with the way of thy truth and righteouſneſs, than to follow thee, O holy Jeſu! in patient and faithful ſuffering for the ſame.

For

For all my prophanations of thy ſacred name, by irreverent uſe thereof; [*eſpecially by careleſs and common ſwearing; but moſt of all by the horrible wickedneſs of falſe or faithleſs oaths.]

* This to be uſed or omitted, as the penitent's need requires.

For all which, all other my offences of this kind, which either I can remember, or have forgotten, Lord, be merciful to me, a contrite Sinner.

II.

I Am troubled, O Lord, for all the diſcontentedneſs which I have ever ſhewn with my own condition, and for all the envy and evil eye which I have caſt upon the happier lot of other men. For all the pride of my heart, and all the ſinful lightneſs of my ſpirit, and for all my immoderate love of this world. For all my unclean thoughts, and unchaſte carriage, and for all the unthankfulneſs, or uncharitableneſs, or intemperance, which I have ever ſhewn in my uſe of outward enjoyments.

For all which, and all my other like offences, which either I can remember, or have forgotten, Lord, be merciful to me, a contrite Sinner.

III.

III.

I Am heartily ſorry, O holy Father, for all my deceitful and inſincere expreſſions, and feigned or faithleſs promiſes; for my having at any time divulged ſecrets which I ought to have concealed; or diſſembled things which I ought openly to have profeſſed; for all my unjuſt and hard cenſures, and for all my detracting ſpeeches againſt any of my brethren.

For all the advantage which I have ever taken of the ignorance, and for all the ſport and paſtime which I have ever made with the folly and weakneſs of my neighbours. For all my covetous deſires, and all my wrongful gripings, or hard dealings towards any, whom I have at any time been concerned withal. For all the over-reaching which I may have been guilty of, [in *Gaming*, or other ways] and for all the exceſſes and offences of my recreations.

I lament, O Lord, for all the countenance which I have given to other mens ſins, or compliance with them, or neglect to reprove the ſame, when I had an obliging call ſo to do. For all the provocation which I have ever given others; and for all the ſinful paſſion which I have ever ſhewn, and opprobrious ſpeeches which I

have ever uſed, and ill-will which I have ever retained towards them, when at any time they have provoked me. For all the ungrounded jealouſies, and evil and uncandid ſurmiſes, and for all the backbitings and evil-ſpeakings, which I ſtand guilty of towards any. For all my deafneſs to the cries, or narrowneſs of heart in relieving the wants of the poor and needy.

For all which, and all my other offences of the like ſort, which either I can remember, or have forgotten, Lord, be merciful to me a contrite Sinner.

IV.

I Humble myſelf before thee, O almighty God, for all my irreverence, diſloyalty, or breach of faith and due obedience, whereby I have treſpaſſed againſt thoſe, who have had the right to reign over me. For having ever offered a deaf or diſobedient ear to my ghoſtly rulers; for all my undutifulneſs to my parents, or unkindneſs to my wife, [*or huſband*] or remiſſneſs in governing my dependents, and training up all that ſerve, or are any way ſubject to me, to fear and ſerve thee. For all the evil thoughts of my heart, and ſinful words of my mouth, and unrighteous

actions

actions of my life, wherein I have grievouſly offended thee, either this day, or at any other times.

For all theſe, and all other ſins, O almighty and moſt righteous Lord, which either mine own heart, or Thou, who knoweſt better than my heart, ſeeſt me to be guilty of, I am ſorry at my very ſoul, and here humbly confeſs them before thee, with ſhame and a broken ſpirit, and with ſtedfaſt reſolution, by thy grace, to watch and ſtrive againſt them for the time to come. Where I have wickedly broken thy ſtatutes, my ſtudy ſhall be religiouſly to keep them. And where I have done wrong to any perſon, I am ready and willing, according to the utmoſt of my power, to repair the ſame.

Lord, I repent, increaſe my repentance; and, for Jeſus Chriſt's ſake, pardon me a poor repenting ſinner. O let his blood waſh me from all my ſins, and let his peace rid me of all my fears, and let his Spirit preſerve me from all relapſes. O that having utterly abandoned all my former evil ways, I may ever henceforward be fixt in thy fear, and be duly diſpoſed for thine eternal mercy and favour, through the merits of my only Saviour and Redeemer, Jeſus Chriſt. *Amen.*

Short Prayers and Ejaculations, for the Penitent to uſe at any time, as he ſees Cauſe.

EJACULATIONS.

I Am a ſinful man, O Lord, *Luke* v. 8.

And mine iniquities are gone over my head, as an heavy burden, they are too heavy for me. *Pſalm* xxxviii. 4.

Lord! careſt thou not that I periſh? *Mark* iv. 38.

Jeſus, Maſter, have mercy upon me. *Luke* xvii. 13.

Thou that cameſt into the world to ſave ſinners. 1 *Tim.* i. 15.

Be merciful to me a ſinner. *Luke* xviii. 13.

Thou that takeſt away the ſins of the world. *John* i. 29.

And haſt aboliſhed and overcome death. 2 *Tim.* i. 10. 1 *Cor.* xv. 54, 57.

And deſtroyed him that had the power of it. *Heb.* ii. 14.

Deliver me from the body of ſin and death. *Rom.* vii. 24.

SHORT

SHORT PRAYERS.

I.

LORD, I am not worthy to lift up my polluted eyes unto thee. But whither ſhould a wretch in guilt and miſery look, but unto the fountain of mercy? Whither, but to a God, whoſe mercy is greater than our wickedneſs? To a God, whoſe property it is to be kind to his enemies; and whoſe patience to bear our ſins, is as great as his power to puniſh them; and who had much rather be reconciled to us, than take vengeance on us? Whither, indeed, but to thee, O God of all grace and comfort, who ſheweſt mercy on the unworthy, and who art moſt graciouſly pleaſed to fit and qualify them for thy mercy, that ſo thou mayeſt bountifully confer it on them, for our Lord Jeſus Chriſt's ſake. *Amen.*

II.

LORD, under my heavy load of guilt and miſery, I addreſs myſelf unto thee. But I make no plea, but for thy mercy. Nor have any pretence to claim it, O Father of mercies, but only becauſe I infinitely need it, and becauſe thou loveſt to

ſhew it, and art more ready to look at our needs, which move thy pity and tenderneſs, than at our deſerts, which cry aloud to thee for wrath and vengeance upon our heads. And becauſe, unworthy as I am, yet through thine inexpreſſible love and his, I have a moſt merciful Saviour, who has borne all the puniſhment of my ſins, to purchaſe mercy for me a ſinner, and who now powerfully interceeds with thee for mercy for me, if, being weary of my ſins, I turn to ſeek and ſerve thee, through Jeſus Chriſt my Lord. *Amen.*

III.

AND my ſoul, O gracious God, is wearied out, and filled with the bitterneſs of mine own ways. I accuſe myſelf, and need no witneſſes. I condemn myſelf, and need no other judge to pronounce me guilty. I puniſh and afflict myſelf for all my ſins, that I may prevent thy juſtice for the ſame. And by thy grace I am reſolved to turn from them all, that they may no longer provoke thee: and, as far as I am able, to repair the harm which my brethren have ſuſtained thereby, that they may no longer damnify, or diſturb them. Father, forgive me, for I am heartily ſorry for all the evils which I have done. Forgive all my ſins, for I am fully reſolved,

reſolved, by thy grace, to forſake them. Forgive me, O dear God, for I forgive others, yea, I forgive all. Do not go to exact puniſhment of me for my ſins; but extend thy mercy and pardon to my true repentance, for my deareſt Lord and only Saviour Jeſus Chriſt's ſake. *Amen.*

IV.

AND having thus utterly renounced my ſins, O holy Father, I deſire, above all things, to partake of thy righteouſneſs. Having utterly defaced and corrupted myſelf, I would gladly be new made by thee. Having hitherto miſcarried, whilſt I would be in mine own hands, I deſire now to be altogether in thine. I lothe my ſelf, O my dear God, whilſt I am without thee: And whatever elſe I loſe, my earneſt prayer is, that I may recover thy likeneſs, through Jeſus Chriſt my Lord. *Amen.*

V.

I Know, O gracious Lord, that I cannot receive this, but from thyſelf. O therefore be thou the bleſſed giver, and the gift. I know alſo, alas! that I am utterly unworthy to have thy divine image ſtamped upon my ſoul. But I extreamly need it, and I extreamly value it; and ſuch thou art

art pleaſed to account worthy of it. And I dearly love thee, O God, or elſe I ſhould not be thus deſirous to be like thee. And thou loveſt to communicate thy goodneſs; and whom ſhouldſt thou imprint and diſplay it upon, but on thoſe who love thee, and are earneſtly deſirous of the ſame?

Hear me, therefore, O my God, and breath into my heart that Spirit which "renews us after thine own image, in righte"ouſneſs and true holineſs." *Epheſ.* iv. 24. O thou, who ſeekeſt out ſinners to make them good, do not reject me now when I ſeek thee out to make me better. I am poor and naked, O fill me with thy righteouſneſs. My good thoughts are unconſtant and changeable, O fix them by thy grace. Set up thy kingdom, O Jeſu, in my heart; for to become thy faithful ſervant is more to me, than to have the empire of this world. Keep me ſtedfaſt, O Lord, in ſerving thee, till thou takeſt me finally to enjoy thee, through Jeſus Chriſt my bleſſed Saviour and redeemer. *Amen.*

VI.

LORD! grant that at all times I may account my ſins, yea, all my ſins, to be my ſhame; and make thy laws, yea, all thy laws, to be my rule; and thy bleſſed will

will to be in every thing my choice and satisfaction. And let thy promises be my hope, thy providence my guard, thy grace my strength, and thy blessed self my portion, both now and in the end, through Jesus Christ my Saviour and Redeemer. *Amen.*

THE

THE CONTENTS.

THE *Introduction*, Page 5

An Office for the Penitent containing,

I. Scriptures.

1. *For Godly Sorrow for Sins*, 11
2. *For a Penitential Confeſſion of the ſame*, 12
3. *For Reſolutions of Amendment*, 13
4. *For Fruits worthy of Repentance*, 15
5. *For Pardon of Sins, and Grounds for the Hopes thereof*, 17
6. *For Comfort in the ſame*, 18

II. Prayers.

I. Prayers upon the ſeveral Parts of Repentance, in particular and diſtinct Forms.

1. *A Confeſſion of Sins*, 19
2. *A Profeſſion of Godly Sorrow for Sins, and of Reſolutions of new Obedience*, 24

3. *A*

3. *A Profeſſion of the Fruits of Repentance, and the Conditions of Forgiveneſs,* 26
4. *A Prayer for Pardon of Sins,* 29
Two Collects out of the Office of Commination, 31
5. *A Prayer for Peace of Mind, and Comfort upon the ſame,* 32

II. Prayers for Confeſſion of Sin and of Repentance of the ſame, in one continued Form.

1. *A Form of Confeſſion of Sins and of Repentance of the ſame,* 34
2. *A ſhorter Form of Confeſſion, and Repentance of the ſame,* 38
3. *A particular Enumeration of Sins, in a larger Form of Confeſſion, and Repentance of the ſame,* 39
4. *Another particular Enumeration of Sins, and Repentance of the ſame, in a ſhorter Form,* 46
Short Prayers and Ejaculations, for the Penitent to uſe at any time, as he ſees Cauſe, 52

FINIS.